FORM NO. MGT-7

[Pursuant to sub-Section(1) of section 92 of the Companies Act, 2013 and sub-rule (1) of rule 11of the Companies (Management and Administration) Rules, 2014]



Annual Return

(other than OPCs and Small Companies)

I. REGISTRATION AND OTHER DETAILS

(i) * Co	orporate Identification Number (C	N) of the company	U24233	KL1921PTC001001	Pre-fill
G	lobal Location Number (GLN) of t	he company			
* P	ermanent Account Number (PAN)) of the company	AAFCS2	2387G	
(ii) (a)	Name of the company		SITARA	M AYURVEDA PRIVATE	
(b)	Registered office address				
F 7 7	Door No. 36/2800, 4th Floor, Pathayapura Building, Round South, Thrissur Thrissur Kerala			0	
(c)	*e-mail ID of the company		info@si	taramayurveda.com	
(d)	*Telephone number with STD cc	ode	048724	48570	
(e)	Website		www.si	taramayurveda.com	
(iii)	Date of Incorporation		19/05/	1921	
(iv)	Type of the Company	Category of the Company		Sub-category of the G	Company
	Private Company	Company limited by shar	es	Indian Non-Gove	ernment company
(v) Wh	ether company is having share ca	ipital () Y	′es (Ο Νο	

No

(vi) *Whether shares listed on recognized Stock Exchange(s) O Yes (

(vii) *Financial year From date	01/04/2022	(DD/MM/YYYY)	To date	31/03/2023	(DD/MM/YYYY)
(viii) *Whether Annual general ı	meeting (AGM) held	⊖ Y€	es 💿	No	
(a) If yes, date of AGM					
(b) Due date of AGM	30/09/2023				
(c) Whether any extension	for AGM granted	0	Yes	• No	
(f) Specify the reasons for	not holding the same				
The AGM will be held on 30	.09.2023				

II. PRINCIPAL BUSINESS ACTIVITIES OF THE COMPANY

*Number of business activities 2

	Main Activity group code		Business Activity Code		% of turnover of the company
1	с	Manufacturing	C6	Chemical and chemical products, pharmaceuticals, medicinal chemical and	71.15
2	Q	Hospital and Medical Care	Q6	Other Hospital and Medical Care Activities	27.16

III. PARTICULARS OF HOLDING, SUBSIDIARY AND ASSOCIATE COMPANIES (INCLUDING JOINT VENTURES)

*No. of Companies for which information is to be given 1

Pre-fill All

S.No	Name of the company	CIN / FCRN	Holding/ Subsidiary/Associate/ Joint Venture	% of shares held
1	SITARAM HEALTHCARE PRIVAT	U85190KL2016PTC045513	Subsidiary	51

IV. SHARE CAPITAL, DEBENTURES AND OTHER SECURITIES OF THE COMPANY

(i) *SHARE CAPITAL

(a) Equity share capital

Particulars	Authorised capital	Issued capital	Subscribed capital	Paid up capital
Total number of equity shares	90,000	58,463	55,885	55,885
Total amount of equity shares (in Rupees)	900,000	584,630	558,850	558,850

1

	Authorized	Issued capital	Subscribed capital	Paid up capital
Number of equity shares	90,000	58,463	55,885	55,885
Nominal value per share (in rupees)	10	10	10	10
Total amount of equity shares (in rupees)	900,000	584,630	558,850	558,850

(b) Preference share capital

Particulars	Authorised capital	Issued capital	Subscribed capital	Paid-up capital
Total number of preference shares	0	0	0	0
Total amount of preference shares (in rupees)	0	0	0	0

Number of classes

	Issued capital	Subscribed capital	Paid up capital
Number of preference shares			
Nominal value per share (in rupees)			
Total amount of preference shares (in rupees)			

0

(c) Unclassified share capital

Particulars	Authorised Capital
Total amount of unclassified shares	0

(d) Break-up of paid-up share capital

Class of shares	Nı	umber of sh	ares	Total nominal amount	Total Paid-up amount	Total premium
Equity shares	Physical	DEMAT	Total			
At the beginning of the year	54,232	1,653	55885	558,850	558,850	
Increase during the year	0	495	495	4,950	4,950	0
i. Pubic Issues	0	0	0	0	0	0
ii. Rights issue	0	0	0	0	0	0
iii. Bonus issue	0	0	0	0	0	0
iv. Private Placement/ Preferential allotment	0	0	0	0	0	0

v. ESOPs						
	0	0	0	0	0	0
vi. Sweat equity shares allotted	0	0	0	0	0	0
vii. Conversion of Preference share	0	0	0	0	0	0
viii. Conversion of Debentures	0	0	0	0	0	0
ix. GDRs/ADRs	0	0	0	0	0	0
x. Others, specify	0	495	495	4,950	4,950	
Demat of Physical Shares	0	495	495	4,900	4,900	
Decrease during the year	495	0	495	4,950	4,950	0
i. Buy-back of shares	0	0	0	0	0	0
ii. Shares forfeited	0	0	0	0	0	0
iii. Reduction of share capital	0	0	0	0	0	0
iv. Others, specify	495	0	495	4,950	4,950	
Demat of Physical Shares						
At the end of the year	53,737	2,148	55885	558,850	558,850	
Preference shares						
At the beginning of the year	0	0	0	0	0	
At the beginning of the year Increase during the year	0	0	0	0	0	0
						0
Increase during the year	0	0	0	0	0	
Increase during the year i. Issues of shares	0	0	0	0	0	0
Increase during the year i. Issues of shares ii. Re-issue of forfeited shares	0	0	0	0	0	0
Increase during the year i. Issues of shares ii. Re-issue of forfeited shares iii. Others, specify	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0
Increase during the year i. Issues of shares ii. Re-issue of forfeited shares iii. Others, specify Decrease during the year	0 0 0 0 0	0 0 0 0 0	0 0 0 0 0	0 0 0 0 0	0 0 0 0 0	0
Increase during the year i. Issues of shares ii. Re-issue of forfeited shares iii. Others, specify Decrease during the year i. Redemption of shares	0 0 0 0	0 0 0 0	0 0 0 0	0 0 0 0 0	0 0 0 0 0	0 0 0 0 0 0 0 0
Increase during the year i. Issues of shares ii. Re-issue of forfeited shares iii. Others, specify Decrease during the year i. Redemption of shares ii. Shares forfeited	0 0 0 0 0 0 0	0 0 0 0 0 0 0	0 0 0 0 0 0 0	0 0 0 0 0 0 0	0 0 0 0 0 0 0	0 0 0 0 0 0

Class of	of shares	(i)	(ii)	(iii)
Before split /	Number of shares			
Consolidation	Face value per share			
After split /	Number of shares			
Consolidation	Face value per share			

(iii) Details of shares/Debentures Transfers since closure date of last financial year (or in the case of the first return at any time since the incorporation of the company) *

Nil						
[Details being provided in a CD/Digital Media]	0	Yes	ullet	No	0	Not Applicable
Separate sheet attached for details of transfers	۲	Yes	0	No		

Note: In case list of transfer exceeds 10, option for submission as a separate sheet attachment or submission in a CD/Digital Media may be shown.

Date of the previous annual general meeting							
Date of registration of transfer (Date Month Year)							
Type of transfer 1 - Equity, 2- Preference Shares, 3 - Debentures, 4 - Stock							
Number of Shares/ Debentures/ Units Transferred Amount per Share/ Debenture/Unit (in Rs.)							
Ledger Folio of Transf	feror						
Transferor's Name							
	Surname	middle name	first name				
Ledger Folio of Transferee							

Transferee's Name			
	Surname	middle name	first name

Date of registration of transfer (Date Month Year)							
Type of transfe	sfer 1 - Ec		Equity, 2	2- Preference Shares,3 -	Debentures, 4 - Stock		
Number of Shares/ E Units Transferred				Amount per Share/ Debenture/Unit (in Rs.)			
Ledger Folio of Transferor							
Transferor's Name							
	Surr	ame		middle name	first name		
Ledger Folio of Transferee							
Transferee's Name							
	Surr	ame		middle name	first name		

(iv) *Debentures (Outstanding as at the end of financial year)

Particulars	Number of units	Nominal value per unit	Total value
Non-convertible debentures	0	0	0
Partly convertible debentures	0	0	0
Fully convertible debentures	0	0	0
Total			0

Details of debentures

Class of debentures	Outstanding as at the beginning of the year	-	Decrease during the year	Outstanding as at the end of the year
Non-convertible debentures	0	0	0	0
Partly convertible debentures	0	0	0	0
Fully convertible debentures	0	0	0	0

(v) Securities (other than shares and debentures)

Type of Securities	Number of Securities	Nominal Value of each Unit	Paid up Value of each Unit	Total Paid up Value
Total				

0

V. *Turnover and net worth of the company (as defined in the Companies Act, 2013)

(i) Turnover

487,354,000

(ii) Net worth of the Company

35,646,000

VI. (a) *SHARE HOLDING PATTERN - Promoters

S. No.	Category	Equ	ity	Preference		
		Number of shares	Percentage	Number of shares	Percentage	
1.	Individual/Hindu Undivided Family					
	(i) Indian	40,508	72.48	0		
	(ii) Non-resident Indian (NRI)	0	0	0		
	(iii) Foreign national (other than NRI)	0	0	0		
2.	Government					
	(i) Central Government	0	0	0		
	(ii) State Government	0	0	0		
	(iii) Government companies	0	0	0		
3.	Insurance companies	0	0	0		
4.	Banks	0	0	0		
5.	Financial institutions	0	0	0		

б.	Foreign institutional investors	0	0	0	
7.	Mutual funds	0	0	0	
8.	Venture capital	0	0	0	
9.	Body corporate (not mentioned above)	0	0	0	
10.	Others	0	0	0	
	Total	40,508	72.48	0	0

7

Total number of shareholders (promoters)

(b) *SHARE HOLDING PATTERN - Public/Other than promoters

S. No.	Category	Equi	ity	Prefere	Preference		
		Number of shares	Percentage	Number of shares	Percentage		
1.	Individual/Hindu Undivided Family						
	(i) Indian	14,024	25.09	0			
	(ii) Non-resident Indian (NRI)	0	0	0			
	(iii) Foreign national (other than NRI)	0	0	0			
2.	Government						
	(i) Central Government	0	0	0			
	(ii) State Government	0	0	0			
	(iii) Government companies	0	0	0			
3.	Insurance companies	0	0	0			
4.	Banks	0	0	0			
5.	Financial institutions	0	0	0			
6.	Foreign institutional investors	0	0	0			
7.	Mutual funds	0	0	0			
8.	Venture capital	0	0	0			
9.	Body corporate (not mentioned above)	0	0	0			
10.	Others IEPF	1,353	2.42	0			

Total	15,377	27.51	0	0
Total number of shareholders (other than prom	oters) 75			
Total number of shareholders (Promoters+Publi Other than promoters)	c/ 82			

VII. *NUMBER OF PROMOTERS, MEMBERS, DEBENTURE HOLDERS (Details, Promoters, Members (other than promoters), Debenture holders)

Details	At the beginning of the year	At the end of the year
Promoters	7	9
Members (other than promoters)	76	75
Debenture holders	0	0

VIII. DETAILS OF DIRECTORS AND KEY MANAGERIAL PERSONNEL

(A) *Composition of Board of Directors

Category	Number of directors at the beginning of the year			rectors at the end he year	Percentage of shares held by directors as at the end of year	
	Executive	Non-executive	Executive	Non-executive	Executive	Non-executive
A. Promoter	5	2	5	4	71.23	1.25
B. Non-Promoter	0	0	0	0	0	0
(i) Non-Independent	0	0	0	0	0	0
(ii) Independent	0	0	0	0	0	0
C. Nominee Directors representing	0	0	0	0	0	0
(i) Banks & FIs	0	0	0	0	0	0
(ii) Investing institutions	0	0	0	0	0	0
(iii) Government	0	0	0	0	0	0
(iv) Small share holders	0	0	0	0	0	0
(v) Others	0	0	0	0	0	0
Total	5	2	5	4	71.23	1.25

(B) (i) *Details of directors and Key managerial personnel as on the closure of financial year

Name	Name DIN/PAN Designation		Number of equity share(s) held	Date of cessation (after closure of financial year : If any)
	00577430	Director	465	
VIGNESH DEVRAJ RAI	00577551	Whole-time directo	4,775	
RAMANATHAN DEVAR	01499553	Managing Director	15,031	
VALLY RAMAIYER	01499568	Whole-time directo	16,138	
	03279223	Director	0	
JANANI RAMANATHAN	05102468	Whole-time directo	3,866	
VAIKAKARA NEELAKA	06397058	Whole-time directo	0	
VISHNUPRASAD KOD(09752249	Additional director	9	
VISHAL GOVINDAHAR	09752302	Additional director	224	

(ii) Particulars of change in director(s) and Key managerial personnel during	the year
---	----------

0
-
-

Name		beginning / during	(chande in decignation)	Nature of change (Appointment/ Change in designation/ Cessation)	
	/ISHNUPRASAD KOD(09752249		22/10/2022	Appointment	
VISHAL GOVINDAHAR	SHAL GOVINDAHAR 09752302		22/10/2022	Appointment	

IX. MEETINGS OF MEMBERS/CLASS OF MEMBERS/BOARD/COMMITTEES OF THE BOARD OF DIRECTORS

A. MEMBERS/CLASS /REQUISITIONED/NCLT/COURT CONVENED MEETINGS

Number of meetings held	1				
Type of meeting	Date of meeting	Total Number of Members entitled to attend meeting	Attendance		
		c		% of total shareholding	
AGM	30/09/2022	84	4	28.93	

B. BOARD MEETINGS

*Number of meetings held

11

S. No.	Date of meeting	Total Number of directors associated as on the date				
		of meeting	Number of directors attended	% of attendance		
1	29/04/2022	7	5	71.43		
2	17/05/2022	7	5	71.43		
3	17/06/2022	7	3	42.86		
4	13/07/2022	7	3	42.86		
5	08/08/2022	7	3	42.86		
6	17/09/2022	7	6	85.71		
7	22/10/2022	7	3	42.86		
8	25/11/2022	9	3	33.33		
9	30/01/2023	9	3	33.33		
10	01/03/2023	9	3	33.33		
11	27/03/2023	9	9	100		

C. COMMITTEE MEETINGS

Nu	Imber of meeting	gs held		0		
	S. No.	No. Type of meeting Date of meeting		Total Number of Members as on the date of	Attendance Number of members	
	1			the meeting	attended	% of attendance
_						

D. *ATTENDANCE OF DIRECTORS

	of the director	Board Meetings			Committee Meetings			Whether attended AGM
S. No.		of the director Meetings which director was		% of attendance		Meetings	% of attendance	held on
		entitled to attend	attended		entitled to attend	attended		(Y/N/NA)
1	DEVARAJAIY	11	2	18.18	0	0	0	
2	VIGNESH DE	11	3	27.27	0	0	0	
3	RAMANATHA	11	11	100	0	0	0	

4	VALLY RAMA	11	11	100	0	0	0	
5	KALARIKKAL	11	2	18.18	0	0	0	
6	JANANI RAM/	11	4	36.36	0	0	0	
7	VAIKAKARA M	11	11	100	0	0	0	
8	VISHNUPRAS	4	1	25	0	0	0	
9	VISHAL GOVI	4	1	25	0	0	0	

X. *REMUNERATION OF DIRECTORS AND KEY MANAGERIAL PERSONNEL

Nil

Number of Managing Director, Whole-time Directors and/or Manager whose remuneration details to be entered 5

S. No.	Name	Designation	Gross Salary	Commission	Stock Option/ Sweat equity	Others	Total Amount
1	Vignesh Devraj Ran ₽	Whole-time Dire ₽	2,962,000	0	0	10,000	2,972,000
2	Ramanathan Devar +	Managing Direct	3,855,000	0	0	10,000	3,865,000
3	Vally Ramaiyer	Whole-time Dire	589,000	0	0	10,000	599,000
4	Vaikakara Neelakar ∓	Whole-time Dire	60,000	0	0	4,000	64,000
5	Janani Ramanathar +	Whole-time Dire	1,800,000	0	0	10,000	1,810,000
	Total		9,266,000	0	0	44,000	9,310,000

Number of CEO, CFO and Company secretary whose remuneration details to be entered

0

3

		-	-	-	-		
S. No.	Name	Designation	Gross Salary	Commission	Stock Option/ Sweat equity	Others	Total Amount
1							0
	Total						

Number of other directors whose remuneration details to be entered

Stock Option/ Total S. No. Gross Salary Name Designation Commission Others Sweat equity Amount Devarajaiyer Meena ₩ 0 0 1 Director 0 4,000 4,000 2 0 Vishnuprasad Kodo Additional Direct 0 0 2,000 2,000 + +Vishal Govindahari Additional Direct 3 0 0 0 2,000 2,000 Total 0 0 0 8,000 8,000

XI. MATTERS RELATED TO CERTIFICATION OF COMPLIANCES AND DISCLOSURES

- * A. Whether the company has made compliances and disclosures in respect of applicable Yes O No provisions of the Companies Act, 2013 during the year
 - B. If No, give reasons/observations

XII. PE	- DETAILS THEREOF		

(A) DETAILS OF PENALTIES / PUNISHMENT IMPOSED ON COMPANY/DIRECTORS /OFFICERS NI

Name of the company/ directors/ officers		Date of Order			Details of appeal (if any) including present status
	-			-	
(B) DETAILS OF CO	MPOUNDING OF OF	FENCES 🛛 N	il		

	Name of the court/ concerned Authority		leaction under which	Particulars of offence	Amount of compounding (in Rupees)

XIII. Whether complete list of shareholders, debenture holders has been enclosed as an attachment

Yes O No

XIV. COMPLIANCE OF SUB-SECTION (2) OF SECTION 92, IN CASE OF LISTED COMPANIES

In case of a listed company or a company having paid up share capital of Ten Crore rupees or more or turnover of Fifty Crore rupees or more, details of company secretary in whole time practice certifying the annual return in Form MGT-8.

Name	
Whether associate or fellow	○ Associate ○ Fellow
Certificate of practice number	

I/We certify that:

(a) The return states the facts, as they stood on the date of the closure of the financial year aforesaid correctly and adequately.

(b) Unless otherwise expressly stated to the contrary elsewhere in this Return, the Company has complied with all the provisions of the Act during the financial year.

(c) The company has not, since the date of the closure of the last financial year with reference to which the last return was submitted or in the case of a first return since the date of the incorporation of the company, issued any invitation to the public to subscribe for any securities of the company.

(d) Where the annual return discloses the fact that the number of members, (except in case of a one person company), of the company exceeds two hundred, the excess consists wholly of persons who under second proviso to clause (ii) of sub-section (68) of section 2 of the Act are not to be included in reckoning the number of two hundred.

Declaration

I am Authorised by the Board of Directors of the company vide resolution no. .. 3 dated

18/09/2023

(DD/MM/YYYY) to sign this form and declare that all the requirements of the Companies Act, 2013 and the rules made thereunder in respect of the subject matter of this form and matters incidental thereto have been compiled with. I further declare that:

- 1. Whatever is stated in this form and in the attachments thereto is true, correct and complete and no information material to the subject matter of this form has been suppressed or concealed and is as per the original records maintained by the company.
- 2. All the required attachments have been completely and legibly attached to this form.

Note: Attention is also drawn to the provisions of Section 447, section 448 and 449 of the Companies Act, 2013 which provide for punishment for fraud, punishment for false statement and punishment for false evidence respectively.

To be digitally signed by			
Director			
DIN of the director	01499553		
To be digitally signed by			
◯ Company Secretary			
Company secretary in practice			
Membership number 33398	12322		
Attachments			List of attachments
1. List of share holders, de	ebenture holders	Attach	
2. Approval letter for exter	ision of AGM;	Attach	
3. Copy of MGT-8;		Attach	
4. Optional Attachement(s	s), if any	Attach	
			Remove attachment
Modify	Check Form	Prescrutiny	Submit

This eForm has been taken on file maintained by the Registrar of Companies through electronic mode and on the basis of statement of correctness given by the company